

## **JV Girls - Summer '26**

The JV Girls Summer is designed to develop skills through a fast-paced, flexible structure. Players can expect to improve upon their fundamentals, play with a variety of teammates, work with multiple coaches, and have fun!

Sessions will be 90 minutes in length, consisting of 30-40 minutes of fundamental practice and drills, followed by game play. Coaches will form 2-3 teams depending on the number of attendees in each session. Each team will then play two games made up of eight-minute halves. Officials will be utilized for the games.

### Specifications

1. Ball size: 28.5"
2. Goal height: 10'

Reversible jerseys will be provided.