



## **Medford Parks and Recreation**

### **Youth Indoor Soccer League – Fall 2025 Parent Information**

#### **1 Introduction**

Info: [www.sportsmedford.com](http://www.sportsmedford.com) – click on “Youth Recreational Sports” – click on “Youth Indoor Soccer”

- Chris Shaul – Recreation Program Coordinator: [chris.shaul@cityofmedford.org](mailto:chris.shaul@cityofmedford.org)  
Phone: 541-774-2407

#### **2. League Overview**

- This is an introductory recreational league emphasizing basic skill development
- Scores are not kept, and “winning” is not important
- This league is the first organized sports experience for many kids (and parents)

#### **3. Practices and Games**

- Practices begin week of Monday October 6. Each team will be assigned 1 practice night per week
  - All practices at Rogue X (901 Rossanley Dr. in Medford). Check in at front desk for court assignment
  - Game schedules and other forms will be distributed at the first practice
  - Jerseys will be available by the first game
- Each team practices once per week for approximately 45 minutes
  - Practices are weekday nights at either 5:45 or 6:45pm throughout the season
- Games are played on Saturday mornings at the Santo Gym
- Game 1 is SATURDAY Oct. 11. The sixth and final game is SATURDAY Nov. 15
- Games will be at either 10am or 11am.
- Games last about 45 minutes
- Participation medals are distributed after the final game
  - Parents/families are not expected to bring postgame snacks or treats
  - Medford Parks and Recreation does not subsidize or sanction team parties
  - MPRD does not subsidize special awards, but coaches may purchase on their own

#### **5. How Teams Are Formed**

- We make every effort to create balanced teams in terms of age and gender
  - Each player is randomized then sorted by age and gender
  - We want kids (and parents) to make new friends and meet new people
  - Siblings are placed together (if in the same age group)



## 6. What to Expect Next ....

- Team rosters, practice days/times, and coach contact information will be emailed out to parents by Oct. 3.
- If your contact information has changed in recent months, PLEASE make sure your phone number, e-mail and address are listed correctly in our registration system.
- If you don't receive a roster email please contact 541- 774-2400 or email [parks@cityofmedford.org](mailto:parks@cityofmedford.org) (email is preferred)

## 7. Special Request Policy

- Large numbers of special requests are a burden on league management
- We automatically place siblings in the same age group on the same team
  - Notify us if siblings in the same age group have different last names
- We make every attempt to accommodate:
  - Physical considerations
  - Religious considerations
  - Carpooling or transportation considerations
- We will not accommodate the following:
  - Wanting friends, classmates or neighbors to play on the same team
- If you have a qualifying request, please email [chris.shaul@cityofmedford.org](mailto:chris.shaul@cityofmedford.org)

## 8. Team and Individual Photos

- Team and individual photos will be taken during the season. Picture schedule will be posted with game schedules
  - Your team will be scheduled early to accommodate pictures
  - Check game schedules to verify your team picture time
  - Be at gym 40 minutes prior to game time for pictures
  - No obligation to purchase

## 9. Coach Recruitment

- We need volunteer coaches! If you're interested in serving as a coach, please email [chris.shaul@cityofmedford.org](mailto:chris.shaul@cityofmedford.org) and/or show up for the **Volunteer Coaches Meeting @ 5:45pm in the Santo Community Center on Wednesday, 10/1**
  - No previous experience necessary – we will do our best to help you
  - If we don't have enough coaches, parents may be "drafted"
- All Medford Parks and Recreation youth sports coaches are criminal background checked

## 10. Benefits of Being a Volunteer Coach

- Your child(ren) automatically placed on your team
- You select your practice day and time
- Receive a "coach" jersey
- Make a positive difference in kids' lives

## 11. Duties and Expectations Coaches

- **Must be available to attend training/certification session:**
  - **October 1** at 5:45 pm – Santo Community Center
- Conduct organized practices
- Always be positive and encouraging
- Emphasize good sportsmanship and safety
- Make sure players receive equitable playing time each game
- Recruit an assistant to help during practice and along the sidelines during games
- Arrive 20 minutes before games to meet and organize your team

## 12. Your Duties as a Parent

- Always be positive and encouraging
- Help the coach and the team when needed
- Applaud the accomplishments of **both** teams
- Be a problem solver, not a problem creator
- Reinforce basic skills learned in practices with your child(ren) at home
- Encourage “superstars” to pass the ball and value an assisted goal
- Make sure your child:
  - Wears **shin guards** to practices and games
  - Wears his/her jersey to all games
  - Wears soft-sole gym shoes only (**no cleats**)

## 13. Basic Game Rules

- Rules will be reviewed at practices
  - 5 vs. 5 (U5); 4 vs. 4 (U8)
  - No goalkeeping – Please do not let your child goal-guard!
  - Unsafe behavior and unsportsmanlike/inappropriate conduct by players and spectators will not be tolerated.