

OCTOBER 2026

OPEN GYM SCHEDULE



Colonia Gym: 195 N Marquita St. (All Ages)
Rio Vista Gym: 350 Thames River Dr. (All Ages)
Oxnard PAL: 350 S. K St. (Only Ages: 7 - 17)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
@OxnardRec			1 - Basketball Colonia • 4 - 9 pm - Volleyball Rio Vista • 6 - 9 pm - Youth Basketball PAL • 3 - 4:15 pm	2 - Basketball Colonia • 4 - 9 pm - Basketball Rio Vista • 6 - 9 pm - Youth Volleyball PAL • 3 - 7 pm	3 Basketball Colonia • 9 am -2 pm
5 - Basketball Colonia • 4 - 9 pm - Table Tennis Rio Vista • 6 - 9 pm - Youth Basketball PAL • 3 - 7 pm	6 - Basketball Colonia • 4 - 9 pm - Volleyball Rio Vista • CLOSED - Youth Basketball PAL • 3 - 4:15 pm	7 - Basketball Colonia • 4 - 9 pm - Basketball Rio Vista • CLOSED - Youth Basketball PAL • 3 - 7 pm	8 - Basketball Colonia • 4 - 9 pm - Volleyball Rio Vista • CLOSED - Youth Basketball PAL • 3 - 4:15 pm	9 - Basketball Colonia • 4 - 9 pm - Basketball Rio Vista • CLOSED - Youth Volleyball PAL • 3 - 7 pm	10 Basketball Colonia • 9 am -2 pm
12 - Basketball Colonia • 4 - 9 pm - Table Tennis Rio Vista • 6 - 9 pm - Youth Basketball PAL • 3 - 7 pm	13 - Basketball Colonia • 4 - 9 pm - Volleyball Rio Vista • CLOSED - Youth Basketball PAL • 3 - 4:15 pm	14 - Basketball Colonia • 4 - 9 pm - Basketball Rio Vista • CLOSED - Youth Basketball PAL • 3 - 7 pm	15 - Basketball Colonia • 4 - 9 pm - Volleyball Rio Vista • CLOSED - Youth Basketball PAL • 3 - 4:15 pm	16 - Basketball Colonia • 4 - 9 pm - Basketball Rio Vista • CLOSED - Youth Volleyball PAL • 3 - 7 pm	17 Basketball Colonia • 9 am -2 pm
19 - Basketball Colonia • 4 - 9 pm - Table Tennis Rio Vista • 6 - 9 pm - Youth Basketball PAL • 3 - 7 pm	20 - Basketball Colonia • 4 - 9 pm - Volleyball Rio Vista • CLOSED - Youth Basketball PAL • 3 - 4:15 pm	21 - Basketball Colonia • 4 - 9 pm - Basketball Rio Vista • 7 - 9pm - Youth Basketball PAL • 3 - 7 pm	22 - Basketball Colonia • 4 - 9 pm - Volleyball Rio Vista • CLOSED - Youth Basketball PAL • 3 - 4:15 pm	23 - Basketball Colonia • 4 - 9 pm - Basketball Rio Vista • CLOSED - Youth Volleyball PAL • 3 - 7 pm	24 Basketball Colonia • 9 am -2 pm
26 - Basketball Colonia • 4 - 9 pm - Table Tennis Rio Vista • 6 - 9 pm - Youth Basketball PAL • 3 - 7 pm	27 - Basketball Colonia • 4 - 9 pm - Volleyball Rio Vista • CLOSED - Youth Basketball PAL • 3 - 4:15 pm	28 - Basketball Colonia • 4 - 9 pm - Basketball Rio Vista • 6 - 9 pm - Youth Basketball PAL • 3 - 7 pm	29 - Basketball Colonia • 4 - 9 pm - Volleyball Rio Vista • CLOSED - Youth Basketball PAL • 3 - 4:15 pm	30 - Basketball Colonia • 4 - 9 pm - Basketball Rio Vista • CLOSED - Youth Volleyball PAL • 3 - 7 pm	31

*Subject to change due to practices or games. PAL open gym is available to youth (ages 7 - 17, through 12th grade)

For more information call:

Recreation Office 805-385-7995 • Colonia Gym (805) 385-7966 • Oxnard PAL Youth Gym (805) 385-8230