



PARKS AND RECREATION

3-on-3 Indoor Basketball

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Contact Information

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Facilities Use/Regulations:

Gym time and space are provided by the Boise School District. Continued use of these facilities requires that we abide by the rules and regulations set by Boise Schools.

1. All games will be played at Borah High School, Timberline High School or North Junior High.
2. After the last game of the evening, participants must leave the school 10 minutes after the completion of the game to allow custodians to clean the gym.
3. No children will be allowed in the playing area. Only the players, coaches, and scorekeepers will be allowed on the courts (liability and safety reasons). All children MUST be closely supervised during games by an adult that is not participating. If a child is left unattended, the player responsible for the child will be removed from the game to supervise the child.
4. No pets are allowed in the school at any times. (With the exception of service animals)
5. Enter and exit the gym through the main entrance only. For the first game, please enter no earlier than 15 minutes prior to your scheduled game time. Participants and spectators must always remain in the gym. Please do not fill up the hallways!
6. Park in approved areas. Illegally parked cars will be towed away at the owner's expense.
7. Please use trash and recycling receptacles.
8. No glass containers are allowed in the gym.
9. No eating or drinking inside the school or gym. (Exception: Water either from the fountains or brought to the gym in a plastic container)
10. No Alcohol or illegal substances are allowed inside the school or on school grounds.
11. No colored soled shoes that scuff or mark the floors are allowed in the gym. This includes running shoes, street shoes, or boots on the courts at any time.
12. CLOSED GYM: If your gym is closed on your team's scheduled time and date, your team must wait 15 minutes before leaving. Unfortunately, sometimes our office is not notified of closures. The game will be rescheduled at the earliest available time slot.

Gym Locations

BORAH HIGH - 6001 Cassia, South on Curtis, right on Cassia (old gym)
NORTH JUNIOR HIGH- 1105 North 13th Street
TIMBERLINE HIGH SCHOOL – 701 East Boise Ave

League Structure:

CLASSIFICATION: In order to make the leagues competitive, the Boise Parks and Recreation Office has established guidelines for teams to follow when selecting players to play in specific classifications. The Boise Parks and Recreation League Director reserves the right to make the final determination regarding players playing in classifications below their ability level.

1. Men's B1 League: "A"- Exceptionally skilled teams should have at least four (4) or more players with college experience, capable of slam-dunking and/or scoring 20+ points. Players should be able to run open court on a fast break hit open shot if guarded, have above average and strong defensive skills.
 2. Men's B2 League: "B+" Very Good: No more than three (3) players with college or high school varsity experience and/or capable of scoring 15 points per game. Players have very good playing skills and defensive abilities and can play a running game.
 3. Men's B3 League: "B" Average: No ex-college players under the age of 30 years old. Players should be able to play team ball with limited turnovers. No more than one (1) player is capable of consistently scoring 25 points per game and has average defensive abilities.
 4. Men's B4 League: "C+" Average: No ex-college players or high school varsity under the age of 30 years old. Players should be able to play team ball with limited turnovers. No more than one (1) player is capable of consistently scoring 20 points per game and has average defensive abilities.
 5. Men's B5 – Lowest League "C" Recreational: No ex-college or high school varsity player. Players who love to play but have limited experience; limited/no ability to play above the rim; no more than one (1) player with the ability to consistently score more than 20 points per game. Play is sometimes "playground" style and recreational.
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1. Women's 1: 1-2 players who have high school and/or college experience; competitive.
 2. Women's 2: No ex-college or high school varsity players under the age of 30 years old. Players who love to play but have limited experience; limited/no ability to play above the rim; no more than one (1) player with the ability to consistently score more than 20 points per game. Play is sometimes "playground" style and recreational.

NOTE: All classifications are subject to change at the discretion of the League Director, if deemed necessary. Also, any teams that have misclassified themselves are subject to be reclassified by the Boise Parks and Recreation League Director, if deemed necessary. Teams may be subject to forfeiture of games played.

Player Eligibility:

1. Age Requirements. To participate, league players must be **16 years of age** as of the date of the first game.
2. No Men's A1 caliber basketball players in the Boise Parks & Recreation will be allowed to play in any division lower than B1 and no more than 2 per team. Individual player classification will be determined and designated by the league director.
3. Players can play on more than one team under the following conditions: A player cannot play on more than one team in the same division unless the divisions were combined. A player cannot play more than 1 division lower than their highest level of play. Players must register on all teams and pay any fees required.
4. Ex-college players are encouraged to play at a higher level that meets their ability.
5. New Players. Additions may be made to team rosters by the new player or team captain. New players are eligible to play the same day they register. Deadline to add players to roster is 2nd to last week of the regular season.
6. Hardship. When a team's (active) roster is reduced to below three players for some unforeseen reasons, the team captain may claim hardship. The team captain may then request to add players after the new player registration deadline by submitting a written report detailing the events and reasons leading to the request. Such reports must include the names of players no longer with the team and reasons for leaving. The Advisory Board may allow additional players to bring the roster up to four (4) players. Players added must be equal to or less in ability than the players they are replacing.
7. Team Captains that pick-up players from our free agent player list AND put these players on their roster must communicate all scheduled games and play each player fairly. Note: It is not the responsibility of the Boise Parks and Recreation office to ensure player(s) playing time or refund individual fees.

Team Composition:

1. As administrator of the team, the team captain is the official contact between team members and Parks and Recreation. Current address and phone number of the team captain must be designated on the roster and any changes should be reported to Parks and Recreation immediately.
2. Team captains are expected to attend all program-related meetings and clinics to be able to transmit current information to their teams. Only the team captain that attends the pre-season meeting will have the privilege of direct communication with the Officials Coordinator. Team captains must be available to receive email and phone calls from Parks and Recreation during the basketball season. Information such as rescheduled games and tournament deadlines/schedules may be transmitted by phone or e-mail. Email not returned to Parks and Recreation will be assumed to have reached the team captain.

3. Team Captains are responsible for distributing schedules to players on their rosters. Game time is the noted time on the schedule.
4. Game-related Responsibilities. The Team Captain is responsible for their players conduct immediately before, during and after each game. If the Team Captain cannot control the behavior of his/her players, he/she may be suspended for a minimum of one game to maximum of one year, provided sufficient warning has been given
5. Team Captains must be identified to the referee and scorekeeper prior to the start of the game.
6. The Team Captain must list the players first and last name and number on the lineup card and give it to the score keeper/official before the pre-game.
7. Teams may have up to eight (8) players on a roster that meet the minimum age requirement and league classification requirements.

Equipment/Uniforms:

1. Teams are not required to wear matching uniforms, but it is encouraged.
2. No hats, visors, or bandanas are allowed. Any issues team captain must notify the site supervisor immediately.
3. Game balls are not provided by the Parks and Recreation Department. Selection of game ball will be made between the team captains. Teams are encouraged to provide a quality game ball. If an agreement cannot be made on a game ball, teams will flip a coin to decide.
4. Participants must wear court-approved shoes. Black or blue-soled running shoes, street shoes, hiking boots, or any shoe that marks the court surface are not allowed on the court. No player will be allowed to wear socks without shoes or go barefoot.
5. Wearing of exposed jewelry will not be allowed during play. Exposed jewelry includes wrist watches, earrings, bracelets, necklaces, and rings, hard items on head such as bobby pins, barrettes, etc.
6. Ice packs, tape and first aid kits are the responsibility of the team and not provided by Parks and Recreation.
7. Any player wearing any type of injury-related brace must have the brace covered or padded if a sharp edge or point is exposed, to protect themselves and the opposing team's players from injury.

Rules of the Game:

To keep the integrity of the program and make it a fair basketball league for all teams: All teams need to respect each other and play by the basic rules of basketball. Do not trash talk and please be civil to each other. This program is set up for good honest competition with respect to each other's' playing abilities and the rules.

Please honor the following rules: (Check in with the site supervisor when you arrive):

1. Possession to start a game or overtime will be determined each team shooting three pointers until the other team misses.

2. Respect screens and offensive movement and play honest defense. No excessive holding or over physical play.
 3. No camping out in the key on offense. Move in and out within 5 seconds. Offense cannot be in the key to start the play and a player cannot be in the key until ball is checked.
 4. OFFENSE calls the fouls. Defense may call a foul, but the offensive player must agree.
 5. Offense must check the ball with the defense. On change of possession, the ball must be taken past the check line, behind the 3-point line in Indoor and the check line will be determined by site supervisor for Outdoor. The defense must take the ball behind the check line on any play in which they gain possession. Whether or not the ball has been shot or has touched the rim does not affect this rule.
 6. The offensive team must pass the ball in before a shot is attempted (make one pass before a shot is taken)
1. STALLING:
 - a. Stalling or deliberate attempts to freeze the ball will result in a loss of possession.
 - b. Each team will be required to take a shot at the basket within 15 seconds after taking possession. The rule has been implemented to eliminate a team from stealing to retain possession near the end of the game.
 2. Teams have 15 minutes from game time to get a minimum of two players. If the team has two players at game time, the game must start. The 15-minute grace period will be included in the 45-minute game time limit. Teams using the 15-minute grace period will forfeit 10 points to the opposing team.
 3. Unlimited substitutions during a dead ball. 3-time outs per team. No time outs during the last 5 minutes of the game. Each time out should be no more than 1 min. The clock does not stop during time outs. 1 time out in overtime.
 4. Possession after a held ball will go alternate possessions starting with the team that did not start the game with the ball.
 5. Traveling, double dribble, carrying the ball will result in a loss of possession.
 6. A ball that touches the top or bounces directly over the backboard after hitting the rim will be deemed out of bound immediately. The Sides of the backboard are in bounds for indoor season.
 7. Defensive goal tending will result in awarding the offensive team their points and a change of possession. Offensive goal tending – Defense gains possession.
 8. Scoring:

- Play to 120 Points or 45 minutes (Running Clock) 2 points for a basket inside the 3-point line and 3 points for a basket for shot made outside the 3-point line.
 - 1-Minute overtime for any tied games during the season or tournament play.
 - If fouled in the process of shooting the last shot with less than 15 seconds on the clock or during the final buzzer, the offensive team gets one more additional possession with no shot clock. Note: the offensive team must have the ability to win or tie. If the final score results in a tie, teams will get a 1-minute overtime and 1 minute extra for any tie after that.
9. A player can play on 2 teams in total no more than 1 division apart. Players may be added to the roster through the last league game, but not after that date. Maximum of 8 players on a roster. Players not on a roster will constitute a forfeit if protested by the other team. Protest must be made before the game is completed to the night supervisor.
10. No Uniform is required.
11. The team's captain is responsible for keeping all the team members informed of all the information released by Boise Parks and Recreation and for the conduct of their players.
12. The Site supervisor has the authority to call a technical for abusive behavior, inappropriate language, consistent violation of the rules, or other reasons that interfere with fair play.
- The first technical will result in the player sitting out for 10 minutes of game time unless in the opinion of the site supervisor the violation is service enough to eject the player or players involved.
 - The second technical will result in the player being ejected from the game and the site and suspended for the next league game.
 - If the player/players refuse to follow the directions of the site supervisor, it will cause his team to forfeit the game.
 - Any continued or chronic problems in relation to the rules could cause the team/player/players to be dismissed from the league for the remainder of the season with the possibility of a year or more including the indoor and outdoor leagues.
 - Fighting/Pushing/Shoving could result in the player being suspended from the leagues for a minimum of one full year and possibly more.
13. Teams unable to play must request a reschedule 48 hours prior to the day/date of game. Teams must call all teams involved to get approval and notify Boise Parks and Recreation.
14. Teams forfeiting more than 2 games without at least 1 days' notice will not be eligible for tournament play.