



Whitney Jr. Wildcats

**Youth STUNT Information Packet
2026 STUNT Season**



Overview:

STUNT is one of the fastest growing female sports in the country and was just given NCAA DII 'Emerging Sport for Women' status as of January 2023! As a new form of competitive cheerleading, STUNT is performed in a head-to-head 4-quarter format. Each quarter focuses on different elements of competitive cheerleading.

Quarter 1: Partner Stunts
Quarter 2: Pyramids & Tosses
Quarter 3: Jumps & Tumbling
Quarter 4: Team Routine

Within each Quarter, there are 3-4 rounds of play. Each "round" of play will focus on a pre-set routine that ranges in skill level. WJW will offer 2 potential levels of play: 11U and 14U. Each "play" will last 30 seconds, or ten 8-counts long. A game of STUNT typically lasts about 45-60 minutes.

Scoring officials will determine the number and degree of errors made by each team during play. The team with the fewest deductions is declared the winner of each round, receiving points toward their final score.

Selection Process:

Eligibility:

Whitney Jr. Wildcats STUNT is open to athletes aged 8 -14 years old. Athletes will be placed on the team that correlates with their age group. "League Age" is determined by the age of the athlete as of June 15, 2025. Each team will consist of anywhere between 8-16 athletes. Athletes will be chosen to perform in selected plays within their skill level, and which benefits the team.

Evaluation:

All athletes will be required to try out for WJW Youth STUNT.

After tryouts, WJW staff assemble rosters for the upcoming season. There are many things considered when placing athletes and forming teams. Athletes' individual skills, experience, age, and what would form the most competitive and successful team are taken into consideration. After rosters are set, parents are contacted by email to let them know the results of the evaluations.

STUNT Schedule of Events:

The following schedule is intended to provide you with advance notice as to the level of commitment required for participation on the STUNT team(s). Your signature on the Acknowledgement of Receipt Form below confirms your receipt of this document and agreement to meet these commitments.

This schedule is subject to change based on facility availability and final game dates. Additional stunt and/or choreography clinics not listed at this time may be scheduled throughout the STUNT season. Participation at all STUNT clinics is mandatory.

TENTATIVE PRACTICE AND GAME SCHEDULE

| FEBRUARY | DATES | EVENT |
|-----------------|--|--|
| | Week of the 23 rd thru 28 th | Practice 4-5 nights this week. Days/Times TBD |
| MARCH | DATES | EVENT |
| | Week of the 2 nd thru 6 th | Practice 4-55 nights this week. Days/Times TBD |
| | Week of the 9 th thru 13 th | Practice 3-5 nights this week. Days/Times TBD |
| | March 14th | GAME |
| | Week of the 16 th thru 20 th | Practice 3 nights this week. Days/Times TBD |
| | March 21st | GAME |
| | Week of 23 rd thru 27 th | Practice 3 nights this week. Days/Times TBD |
| | March 28th | GAME @ Olympus Jr. High (Granite Bay) |
| APRIL | DATES | EVENT |
| | Week of the 3/30 thru 3 rd | Tentative Practice |
| | April 4th | NO GAME – EASTER WEEKEND |
| | Week of 6 th thru 10 th | Practice 3 nights this week. Days/Times TBD |
| | April 11th | GAME |
| | Week of the 13 th thru 17 th | Practice 3 nights this week. Days/Times TBD |
| | April 18th | GAME |
| | Week of the 20 th thru 24 th | Practice 3 nights this week. Days/Times TBD |
| | April 25th | GAME |
| | Week of the 27 th thru 5/1 | Practice 3 nights this week. Days/Times TBD |
| MAY | DATES | EVENT |
| | May 2nd | PLAYOFFS |
| | Week of the 4 th thru 8 th | Practice 3-4 nights this week. Days/Times TBD |
| | May 9th | OFF |
| | Week of the 11 th thru 15 th | Practice 3-4 nights this week. Days/Times TBD |
| | May 16th | CHAMPIONSHIP – TENTATIVE |

Practices:

All practices require MANDATORY attendance and participation from every athlete. STUNT team practices are “closed” to non-participants (i.e. parents, siblings, friends, etc.) unless otherwise notified by the Head Coach. This allows the team(s) to practice more effectively and focus with no disruption. Although all practices are mandatory, exceptions will be made for school functions or if a cheerleader becomes ill or an emergency situation arises. All absences must be reported to and approved by the designated Head Coach PRIOR to the beginning of a scheduled practice or function.

Estimated Costs to Participate:

| STUNT SQUAD PARTICIPATION COST | |
|---|------------------------|
| Expense Description | Estimated Cost: |
| Facility fees | \$75 |
| Administration Fees | \$25 |
| STUNT Athlete Membership & Birth Cert. Verification | \$35 |
| Club STUNT Organization Membership | \$25 |
| Officials | \$25 |
| T-Shirt, Backpack, Ribbon | \$40 |
| Uniform | \$75 |
| Total estimated cost to participate on the competition squad: | \$300 |

These are estimates. A final cost will be determined before Registration opens.

Payment due dates:

An initial deposit of \$150.00 will be due on February 1, 2026. The remaining balance will be due March 1, 2026.