

## Gold Coast Youth Football League

# 2026 Playoffs

Age and Weight Chart  
Age as of July 31, 2026



Mighty Mite	Bantam	Freshman	Sophomore	Junior	Senior
<b>Age 6</b> Max wt: 125lbs unlimited	<b>Age 8</b> Max wt: 125lbs X-Player Max: Unlimited	<b>Age 9</b> Max wt: 135lbs X-Player Max: Unlimited	<b>Age 10</b> Max wt: 145lbs X-Player Max: Unlimited	<b>Age 11</b> Max wt: 155lbs X-Player Max: Unlimited	<b>Age 12</b> Max wt: 190lbs X-Player Max: Unlimited
<b>Age 7</b> Max wt: 110 lbs X-Player Max: Unlimited	<b>Age 9</b> Max wt: 110 lbs X-Player Max: Unlimited	<b>Age 10</b> Max wt: 120 lbs X-Player Max: Unlimited	<b>Age 11</b> Max wt: 130 lbs X-Player Max: Unlimited	<b>Age 12</b> Max wt: 140lbs X-Player Max: Unlimited	<b>Age 13</b> Max wt: 180lbs X-Player Max: Unlimited
<b>Age 8</b> Max wt: 80lbs X-Player Max: 95lbs	<b>Age 10</b> Max wt: 80lbs	<b>Age 11</b> Max wt: 90lbs	<b>Age 12</b> Max wt: 100lbs	<b>Age 13</b> Max wt: 110lbs	<b>Age 14</b> Max wt: 150lbs

Note 1: If you were an X-Player in the Regular Season, you are an X-player for the Playoffs

Note 2: If you do not make weight for your Division, you cannot participate in Playoffs (you cannot move up a Division for Playoffs)