



# Bryn Mawr Boys and Girls Club, Inc.

[www.brynmawr.org](http://www.brynmawr.org)

## C League Rules (Revised 2026)

- 1) The coach (or assistant) of the team at bat shall pitch to his own team. (\*It is recommended that you pitch from one knee at 30')
- 2) There can be no more than 2 coaches on the field with the defense. No coach on the field should intentionally make contact or interfere with a live ball.
- 3) Batting team should always have a first and third base coach.
- 4) Start games ON TIME, even if you have less than 9 players. Games are to be 4 innings. After one hour of play do not start a new inning.
- 5) A half inning will end when there are 3 outs or when each player in the lineup bats (NO batting around the order).
- 6) All players on roster will bat and play the field. Late arrivals will be added last to rosters. (NO ONE SITS OUT)
- 7) Field proper positions, 4 or more outfielders, 5 infielders including a player fielding the mound (NOT in front of the pitcher), and 1 catcher. Rotate players position from infield to outfield, NO ONE should play the same position each inning. If you have a large roster, please spread out the outfielders.
- 8) Catchers must be in full gear. Catchers must wear a cup. The catchers must be in correct positioning, ie; not sitting or standing. Catchers are expected to chase the ball and throw back to pitcher. (\*It is recommended catchers have fielded the position and been instructed in practice\*)
- 9) At bat... The children will be allowed 5 swings. If they swing and miss all 5 of those pitches, it will be considered a strike out (NO exceptions). This is very important in moving the game along.
- 10) Throwing a bat... A warning will be given for first time. Second time, automatic out.
- 11) There is no bunting, stealing or leading.
- 12) Runners are allowed to advance bases until the ball is dead or the ball goes back to the pitcher.
- 13) Only approved restricted flight Level 5 baseballs are to be used
- 14) Bases are 50 feet apart.

**Bryn Mawr Boys and Girls Club is a recreational program, we want the children to have fun and fall in love with the game!!!**



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- 15) Sliding is allowed, feet first. Coaches must show children in practice the correct way to slide to ensure safety. Head first sliding is not allowed, warning is given to team, 2<sup>nd</sup> offense, runner is out.
- 16) Coaches will be responsible for the conduct of their players. Dugouts are for players and coaches only. Parents must be warned prior to games to refrain from coaching their children.
- 17) DO NOT KEEP SCORE... HAVE FUN!
- 18) Bats can be from 26-28" max of 30", 14-18oz weight range.

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