

2026 SAA MEN'S VOLLEYBALL RULES

The SAA Board of Directors wishes to welcome all participants to the Men's Volleyball Season. It is our hope that your season will be safe and enjoyable. We are asking everyone to assist in making our program one that we all can be proud of.

The SAA Men's Volleyball League is a **RECREATIONAL LEAGUE**.

Having Fun is What's Important

Eligibility Requirements – **Players must be residents of the Saugerties School District or eligible non-resident who paid their \$20.00 Out of Town Players Fee to be eligible to play. Also, a player MUST be a minimum of 18 years old and NOT a Student of any High Schools.** Residents are those who pay property taxes or school taxes to the Village or Town of Saugerties. This shall include Owners of Businesses who pay the above taxes. Please note: Business owners must provide proof of ownership (copy of their tax bill) on a yearly basis.

Players that didn't play the previous year will be required to prove that they reside in Saugerties. Any player in question of NOT being a Saugerties resident MUST provide Three (3) proofs of residency to the Commissioner within Five (5) days. This proof would include but not limited to a Valid New York State Driver's License with her current address, a Property Tax Bill, a current lease, a utility bill (Central Hudson Bill, Time Warner Bill, Verizon Bill, Garbage Bill) etc.

No first-class mail or post office boxes will be accepted. If you are unsure about a player's eligibility, check with the League Commissioner to avoid any problems that may arise.

POINTS OF EMPHASIS

It is expected that all rules of the Saugerties Sr. / Jr. High School be adhered to. We also ask that we all work together to prevent any damage to the school's facilities and assist in helping us to clean up after ourselves. All Children **MUST** be in the **GYM** and **always SUPERVISED by an adult.** Children are **NOT** allowed in the **HALLWAY** without adult supervision. The safety of everyone is very important.

A high level of sportsmanship is a MUST. Mistreatment of fellow players, League Officials and Fans will **NOT** be tolerated. If there is a problem with a referee, please alert the League Commissioner. All incidents to be reviewed by the League Commissioner and a suspension could

follow. To avoid conflicts regarding a player being able to play with friends or teams they enjoy playing with, be sure to get their name and correct address on the roster legally.

VERY IMPORTANT – All players should be informed that the medical insurance provided by the league is a **SECONDARY Insurance** with a (\$500.00) deductible and is to be used after their primary insurance. All injuries must be reported to and recorded by the referee before the injured player leaves the GYM for the night.

Violation – For Saugerties Residents - Forfeiture of all games played in and a two (2) set suspension for the manager and the ineligible player.

For a Non-Resident – Forfeiture of all games played in, and the manager and player will be suspended from all SAA Activities for one (1) calendar year, commencing from the date advised by the League Commissioner.

The SAA Board of Directors will have the final decision in resolving any disputes regarding the eligibility requirements.

Roster Rule - It is an Open Roster - No limit on the number of players. All requests must be made at least **Two (2) days, (48 hours) prior to the team's scheduled game. Once a player has appeared in the lineup of one team, she may NOT play or switch to another team.** No player is eligible for Playoff Games unless she has appeared in a regular season game. People in or returning from military service who are eligible Saugerties Residents are eligible to play regardless of any roster rule restrictions. **Any player in question of NOT being a Saugerties Resident MUST provide the following proof to the Commissioner within Five (5) days. Three**

(3) proofs of residency will be required and can be as follows: A New York State Driver's License, Property Tax Bill, a Current Lease, a Utility Bill (Central Hudson, Time Warner Bill, Verizon Bill, and Garbage Bill), etc.

VIOLATION of Roster Rule:

For Saugerties Residences, forfeiture of all games played and a two (2) set suspension for the manager and the ineligible player.

For an Out of Town Player, forfeiture of all games played, and the manager and player will be suspended from all SAA Activities for one (1) year, commencing from the date advised by the Commissioner.

Ejections – Two (2) ejections during the season results in automatic suspensions of two (2) sets. Each additional ejection carries the same penalty.

Language – Foul language and profanity will NOT be tolerated, particularly if in such volume as to be heard in the general area of the court/gym.

VIOLATION of the Language Rule - Will result in ejection of offending person. **No warnings will be given.**

All Children MUST be in the GYM and always SUPERVISED by an adult. Children are NOT allowed in the hallway without adult supervision.

Game Times

- 1) 7:00, 7:50, and 8:50 PM

THE SERVE

- 1) The server may serve from any point along the back line.
- 2) Server may take one step over the end line; however, the server must begin the serve from behind the end line.
- 3) Served ball may graze the net and drop to the other side for point
- 4) The ball must be clearly visible to opponents before serve.
- 5) When serving, the receiving team can't jump, block or attack the serve at the net. You may jump if you're behind the 10' line.
- 6) The ball must be released from the palm of hand before serving, for underhand serve.

SCORING

- 1) Rally scoring will be used

- 2) There will be a point scored on every score of the ball.
- 3) Offense will score on a defense miss or out of bounds hit.
- 4) Defense will score on an offensive miss, out of bounds hit, or serve into the net.
- 5) Game will be played to 25.
- 6) Must win by 2 points or the first team to 30.

Rotation

- 1) Team will rotate each time they win the serve.
- 2) Players shall rotate in a clockwise manner.
- 3) There shall be 4 to 6 players on each side.

Playing the Game (volley)

- 1) Maximum of three hits per side.
- 2) Player may not hit the ball twice in succession (A block is not considered a hit)
- 3) Ball may be played off the net during a volley and on serve.
- 4) A ball touching a boundary line is good.
- 5) A player must not block or attack a serve.
- 6) **Switching positions** – After the serve only, the Back line or Front-line players may rotate on the court, keeping in mind that they must get back into position on each serve. Also, the back line players can only spike from behind the 10' line.
- 7) **In the Junior High Gym**, if upon receipt of the serve by a back row player, the ball contacts the backboard, **it is a do over**. If the ball contacts the backboard at any other time during volley, **it is a Dead**

Ball. In the Senior High Gym, this same rule applies if the backboards should be in a down position at game time. However, if the backboards are up, they are considered part of the ceiling, and the ceiling rule applies. (See Rule # 9)

- 8) The ball is dead if it hits the back or side wall.
- 9) **Ceiling Rule** - A ball which hits the ceiling and goes over the net is dead. The ball is playable if it remains on the same side.
- 10) If two or more players contact the ball simultaneously, it is considered one play and the players involved may not participate in the next play.
- 11) **Time Outs** - Teams are allowed one (1) time out per game.

Forfeits

If a team doesn't have a minimum of 4 players at the starting time, the following forfeits will occur.

After 5 minutes - Game #1 is forfeited

After 10 minutes - Game #2 is forfeited – **Forfeiting Team Must Pay Both TEAMS FEE.**

After 15 minutes - Game #3 is forfeited – **Forfeiting Team MUST PAY Both TEAM FEE.**

Forfeits – If a team should forfeit two (2) of the three (3) games in the set, they **MUST PAY BOTH TEAMS FEE.** The referee fees **MUST** be paid before their next scheduled game. Any team owing a forfeit fee will **NOT** be allowed to play their next scheduled game until they pay the fee.

Basic Violations

- 1) Failure to serve the ball over the net successfully.
- 2) Hitting the ball illegally (Carrying, Palming, Throwing etc.).
- 3) Touches of the net with any part of the body while the ball is in play. If the ball is driven into the net with some force that it

causes the net to contact an opposing player, no foul will be called, and the ball shall continue to be in play.

- 4) Reaches under the net (if it interferes with the ball or opposing players).
- 5) Failure to serve in the correct order.
- 6) There shall be no sounds or distracting movements aimed at the opposing team, such as foot stomping, clapping, or outbursts. **First Violation** is a warning. **Subsequent violations** will be a Dead Ball and the non – offending team will receive one point.

Tie Breakers

In the event there is a tie for a Division Title, or it is necessary to determine a Playoff Spot, the following procedure will be used:

- A) Take head-to-head season records of those teams involved.
- B) Coin Toss
- C) Discretion of the League Commissioner.

League Age

A player **MUST** be a minimum of 18 years old and **NOT** a Student of Any High School. A birth certificate is required.

NOTE – The above outlined rules are intended to assist our recreational league participants with a better understanding of the game. We defer any additional rules to the USA Volleyball Association rule book as modified by any local SAA rules. Let's keep our league a fun and recreational night of play.