

September 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 LABOR DAY	2 Jr Rams Practice 6-8	3 Jr Rams Practice 6-8	4 Jr Rams Practice 6-8 (BACK)	5	6 JR RAMS @ ROCKLIN
7 JR RAMS PICTURE DAY - TIMES & LOCATION TBD	8	9 Jr Rams Practice 6-8 (BACK)	10 Jr Rams Practice 6-8	11 Jr Rams Practice 6-8	12	13 DEL ORO vs. JR RAMS @ SMHS
14	15	16 Jr Rams Practice 6-8 (BACK)	17 Jr Rams Practice 6-8	18 Jr Rams Practice 6-8 (BACK)	19	20 JR RAMS @ JESUIT
21	22	23 Jr Rams Practice 6-8	24 Jr Rams Practice 6-8	25 Jr Rams Practice 6-8	26	27 FOLSOM vs. JR RAMS @ SMHS
28	29	30 Jr Rams Practice 6-8				

October 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Jr Rams Practice 6-8	2 Jr Rams Practice 6-8 (BACK)	3	4 COSUMNES vs. JR RAMS @ SMHS
5	6	7 Jr Rams Practice 6-8	8 Jr Rams Practice 6-8	9 Jr Rams Practice 6-8 (BACK)	10	11 JR RAMS @ OAK RIDGE
12 JAMZ CHEER COMPETITION IN STOCKTON	13	14 Jr Rams Practice 6-8	15 Jr Rams Practice 6-8	16 Jr Rams Practice 6-8	17	18 DESTINY vs. JR RAMS
19	20 Jr Rams Practice 6-8	21 Jr Rams Practice 6-8	22 Jr Rams Practice 6-8	23 Jr Rams Practice 6-8 (BACK)	24	25 Jr Rams - Playoffs Rd1 @ DESTINY or JESUIT
26	27 Jr Rams Practice 6-8	28 Jr Rams Practice 6-8	29 Jr Rams Practice 6-8	30 Jr Rams Practice 6-8	31	

November 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 Jr Rams Playoff Rd 2 @ FOLSOM
2	3	4 Jr Rams Practice 6-8	5 Jr Rams Practice 6-8	6 Jr Rams Practice 6-8	7 Jr Rams Practice 6-8	8 Jr Rams Championships @ COSUMNES OAKS
9 SAC LEAGUE CHEER COMPETITION IN ROSEVILLE	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29