1. Coaches and players are permitted between half field and the top of their own Penalty Area only. No parents or coaches shall be behind the goal lines. Exception: at 1st grade, one coach is permitted on their defensive half of the field for instructional purposes but cannot interfere with play and must remain outside the penalty area.

2. All players will play at least half of each game unless ill or injured or the opposing coach and referee must be notified prior to the game of the player's nonparticipation.

3. On ALL Fields NO PARENTS on the team side of the fields! Let the coaches do the coaching. Any behavior unbecoming of a parent, coach or player will result in being directed to leave the field. There can be four (4) coaches maximum on the team sideline. Each Head Coach is responsible for the conduct of their spectators.

4. 1st and 2nd-grade games will be played with 2 15 minute halves. (a 5 minute break between halves. 3rd 4th grades games will be played with two 25-minute halves. Teams will change ends at halftime. Halftime will be 5 minutes. 5/6th will play 2 30 minute halves, teams will change ends at halftime. Halftime will be 5 minutes.

5. Substitutions can be made at any stoppage, but players shall not enter field until waved on by referee (i.e. no running on as soon as the coach yells, "Sub".)

6. Games should start at scheduled times. Warm-up and intermission times can be cut short to make sure that the games start on time. Warm-up time is not guaranteed to teams.

7. The referee has the authority to require a player to remove any article of clothing he/she deems to be dangerous to that player or to other players on the field. If a player is seen wearing any jewelry once the game starts, the player will be removed from the game until it is corrected.

8. Players with casts or other protective gear may play at the referee's discretion. Goalies may NOT wear hard casts of any sort, covered or not. The referees and the coaches will enforce this for safety reasons.

9. Only U-14 players are permitted to "head" the ball. Younger players deliberately heading the ball will result in an indirect kick for the opposing team.

10. Only U-14 players are permitted to slide when tackling for the ball, and only if not performed carelessly, recklessly, or with excessive force. Younger players sliding to tackle, other than the goalkeeper, will result in an Indirect Free Kick if no contact, a Direct Free Kick if player contacts ball only, or a Direct Free Kick and a Yellow Card if the opponent is contacted, regardless of whether the ball was touched.

11. 1st, 2nd and 3rd/4th games will follow the US Soccer buildout line procedures if on the township fields.

12. Referees need to be willing to explain calls rules to players on the field and provided coaches ask in a respectful manner, they should explain calls to them as well. No one shall argue the call. All participants and spectators must always show sportsmanship at the field and respect the decision of the referee.

13. Mercy Rules:

Recreational soccer is designed for kids to build confidence, skills, team building, and having fun.

The scoring difference in a game shall not exceed more than six (6) goals.
Some guidelines to follow in the event the score can potentially exceed more than 6 goals.

(Instead of taking action at 4-0 or 5-0, make an adjustment early)

Examples: Have the players only shoot with their weak foot or from outside the penalty area. Tell them to Remove a player(s). Ask the team that is losing to add a player(s).

The scoring difference in a game shall not exceed more than five (6) goals. (Enforcement must be adhered to by the coaches.)

14. Overtime

In the event the score is tied at the conclusion of the game, overtime will begin as outlined below:

1st Grade - 5 minutes OT, first goal in OT wins the game/ Penalty kicks if still no score (5) shots per team; additional if still not a final winner

2nd/3rd/4th – 10 minutes OT, first goal in OT wins the game/Penalty kicks if still no score (5) shots per team; if still tie, one v. one shots per team until a winner

5/6th – 15 minutes OT, first goal in OT wins the game/Penalty kicks if still no score (5) shots per team; if still tie, one v. one shots per team until a winner

The above rules are specific to the Turkey Cup and are **in addition to the regular-season NBIAA ruleset**. All regular-season NBIAA rules remain in effect unless specifically modified by the Turkey Cup rules.
https://nbiaa.net/content/263/Rules