



Parks & Recreation

224 Marshall Rd. Platte City, MO 64079

816-858-3046

YOUTH SOCCER LEAGUE INFORMATION AND RULE BOOK

**City of Platte City, Missouri
Parks and Recreation Department**

Platte Ridge Park Soccer Complex
17130 MO-371
Platte City, MO 64079
816-858-3046

Objectives and Goals:

The Platte City Parks and Recreation youth soccer program is designed to give all boys and girls through participation in practices and games, the opportunity to learn and improve the fundamentals of the game of soccer. While also giving all participants of the community and those outside , the opportunity to take on the health benefits of recreation and improve socialization opportunities among players.

Coaches:

- Shall, above all, have the welfare of each child as his or her main objective.
- Must have reasonable knowledge of the game.
- Shall act as an example of good conduct and sportsmanship to his or her team in all league matters.
- Shall place emphasis of coaching on learning rules and fundamentals, participation, and personal enjoyment.

Sportsmanship:

Team members, coaches and spectators shall exhibit appropriate behavior toward other players, coaches, spectators, and officials. Unsportsmanlike conduct from team members and/or associates, including spectators, will result in one or more of the following:

- Player, coach or spectator ejection from the game
- Player, coach or spectator ejection from the league
- Player, coach or spectator suspension
- Forfeit of game

During the game, the officials have the authority to eject players, coaches and spectators. The Parks and Recreation Department has the final authority on determining the duration of suspension or other penalty. Any player (if he/she has a way home) and/or coach ejected from the game must leave the playing area. Failure to do so may result in forfeit of game. Anyone ejected from a game will be suspended for the next game.

Administration:

The Platte City Parks and Recreation Department facilitates the youth soccer program. Decisions that are rendered by the Parks and Recreation Department are final. The National Federation of State High School Associations Rule Book and the Federation International de Football Association (US YOUTH SOCCER) are governing body of rules for our leagues unless superseded by specific youth soccer program rules as set forth by the Platte City Parks and Recreation Department.

Protests:

Officials' decisions in all matters are final. There shall be no protests except in cases of violation of the minimum playing requirements. Intent to protest must be so noted to the official at the request of the coach within five minutes of the conclusion of the game. The protest must then be reported to the Parks and Recreation Department by the protesting coach the next working day. Report may be made in person or by phone.

Uniforms & Equipment:

- Conform to US YOUTH SOCCER with the following exceptions:
- Shin guards are MANDATORY
- A player must not use equipment or wear anything that is dangerous to himself or another player (including any kind of jewelry).

General League Rules:

Fouls and Misconduct: Conform to US YOUTH SOCCER with the exceptions:

- No cautions or ejections shall be issued to players
- All fouls shall result in an indirect free kick with the opponent five (5) yards away.
- The referee must explain ALL infractions to offending player.

Team Composition: Teams and games may be coed.

The Start and Restart of Play: Before a kick-off at the start of the match, a coin is tossed and the team that wins the toss decides which goal it will attack in the first half of the match or if it would like to start with the ball.

Game Time:

Games will start promptly as scheduled. A team must have a proper number of uniformed players to start or continue a game. A 5-minute grace period is allowed from the scheduled starting time. The official's watch is official.

Weather Policy:

The official/supervisor has final say on whether a game will be temporarily suspended or postponed due to weather conditions or poor field conditions. If lightning is in the immediate area, the game shall be suspended immediately.

In the event a game must be suspended because of conditions which make it impossible to continue play, the head referee or league supervisor shall declare it an official game if one complete half or more of the game has been played. If less than one-half has been played, the game will resume from point of interruption. If the game is unable to resume that day and is not considered a complete game, the game will be rescheduled and will start all over.

Weather Hotline: 816-903-0254

The weather hotline will be updated within 2 hours of practice/game start time regarding cancellation or delay of games. If not updated, games will be played as scheduled.

Rescheduled games will be decided by the Parks and Recreation Department.

Parents and coaches are encouraged to take extreme caution when temperatures and heat indexes reach above normal conditions. Extended time between innings and timeouts will be allowed to keep all participants safe. Stated game time limits will still be in effect at all age divisions.

Recreational Pre-K & K (U6) Rules

A. Ball Size: No. 3

B. Number of Players:

1. Maximum number of players on the field for one team at any time is 6, one of which is the Goalkeeper.
2. Maximum number of players on a roster should not exceed 10.
3. A team may start with 3 players without forfeiting the game.
4. Substitutions: Coaches discretion
5. Playing time: Minimum playing time is 50% for each child.

C. Player's Equipment:

1. Footwear: Tennis shoes or soft-cleated soccer shoes.
2. Shin guards: **MANDATORY** for both practices and games and to be worn under socks.
3. No jewelry is allowed. Players should remove all jewelry before warming up or playing. This is for the child's own safety and the safety of the other players.
4. Uniform: All players must wear their official Platte City Parks and Rec team shirt issued for that season.
5. Goalkeeper must wear a shirt of a different color than the rest of the team.

D. Referee: A referee is not needed for this age group. Coaches shall supervise the game for safety sake. Emphasize FUN, SAFETY, and FAIRNESS.

E. Duration of Game: The game will be divided in four 8-minute quarters. Halftime breaks of five minutes and one minute between quarters.

F. The start of play: A coin toss will determine who will start the game on offense. The game will be started by a free kick in the middle of the field. The opposing team will start the second half. The referee, coach, or parents will ensure that the opponents are at least 5 yards from the spot of the ball.

G. Ball in and out of play:

1. Ball is in play for the duration of a match when it is within the boundary lines including when the ball rebounds off a referee that is in the field of play, goalpost, a crossbar, and then the ball stays within the field.
2. Ball is out of play when the whole ball passes over the goal line or touch line, either on the ground or in the air, including into the goal; or play has been stopped by the Referee. The ball should be thrown in from where it crossed the line, by a player of the opposite team.
3. The defensive team needs to be a safe and discretionary distance from the imminent kick.

H. Method of Scoring: The whole ball crosses the goal line into the goal. **NO** score will be kept.

I. NO HEADERS ARE ALLOWED- heading is banned in both practices and games.

J. Fouls and Misconducts: Sportsmanship and Fair play are under the supervision of the REFEREES and/or COACHES.

K. Sportsmanship: Platte City Parks and Recreation is dedicated to providing an enjoyable atmosphere for our players, coaches, and fans. All comments should be positive and supportive.

Recreational 1st & 2nd (U8) Rules

A. Ball Size: No. 3

B. Number of Players:

1. Maximum number of players on the field for one team at any time is 7, one of which is the Goalkeeper.
2. Maximum number of players on a roster should not exceed 12.
3. A team may start with 4 players without forfeiting the game.
4. Substitutions: Coaches discretion anytime the ball is out of play.
5. Playing time: Minimum playing time is 50% for each child.

C. Player's Equipment:

1. Footwear: Tennis shoes or soft-cleated soccer shoes.
2. Shin guards: **MANDATORY for practices and games and to be worn under socks.**
3. No jewelry is allowed. Players should remove all jewelry before warming up or playing. This is for the child's own safety and the safety of the other players.
4. Uniform: All players must wear their official Platte City Parks and Rec team shirt issued for that season.
5. Goalkeeper must wear a shirt of a different color than the rest of the team.

D. Referee: An official referee will be assigned to each field. Their job is to keep the environment FUN, SAFE, FAIR, and focused on the players. Duties are: keep time, enforce the rules, stop and restart play after explaining to the players WHY.

E. Duration of Game: The game will be divided in four 10-minute quarters. Halftime breaks of five minutes and one minute between quarters.

F. The start of play: A coin toss will determine who will start the game on offense. The game will be started by a free kick in the middle of the field. The opposing team will start the second half. The referee, coach, or parents will ensure that the opponents are at least 5 yards from the spot of the ball.

G. Ball in and out of play:

1. Ball is in play for the duration of a match when it is within the boundary lines including when the ball rebounds off a referee that is in the field of play, goalpost, a crossbar, and then the ball stays within the field.
2. Ball is out of play when the whole ball passes over the goal line or touch line, either on the ground or in the air, including into the goal; or play has been stopped by the Referee. The ball should be thrown in from where it crossed the line, by a player of the opposite team.
3. The defensive team needs to be a safe and discretionary distance from the imminent kick.

H. Method of Scoring: The whole ball crosses the goal line into the goal.

I. NO HEADERS ARE ALLOWED- heading is banned in both practices and games.

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Recreational 3rd & 4th (U10) Rules

A. Ball Size: No. 4

B. Number of Players:

1. Maximum number of players on the field for one team at any time is 7, one of which is the Goalkeeper.
2. Maximum number of players on a roster should not exceed 12.
3. A team may start with 4 players without forfeiting the game.
4. Substitutions: Coaches discretion anytime ball is out of play.
5. Playing time: Minimum playing time is 50% for each child.

C. Player's Equipment:

1. Footwear: Tennis shoes or soft-cleated soccer shoes.
2. **Shin guards: MANDATORY for both practices and games and to be worn under socks.**
3. No jewelry is allowed. Players should remove all jewelry before warming up or playing. This is for the child's own safety and the safety of the other players.
4. Uniform: All players must wear their official Platte City Parks and Rec team shirt issued for that season.
5. Goalkeeper must wear a shirt of a different color than the rest of the team.

D. Referee: An official referee will be assigned to each field. Their job is to keep the environment FUN, SAFE, FAIR, and focused on the players. Duties are: keep time, enforce the rules, stop and restart play after explaining to the players WHY.

E. Duration of Game: The game will be divided in two 20-minute halves. Halftime break of five minutes.

F. The start of play: A coin toss will determine who will start the game on offense. The game will be started by a free kick in the middle of the field. The opposing team will start the second half. The referee, coach, or parents will ensure that the opponents are at least 5 yards from the spot of the ball.

G. Ball in and out of play:

1. Ball is in play for the duration of a match when it is within the boundary lines including when the ball rebounds off a referee that is in the field of play, goalpost, a crossbar, and then the ball stays within the field.
2. Ball is out of play when the whole ball passes over the goal line/touch line, on the ground or in the air, including into the goal; or play has been stopped by the Referee. The ball should be thrown in from where it crossed the line, by a player of the opposite team.
3. The defensive team needs to be a safe distance from the imminent kick.

H. Method of Scoring: The whole ball crosses the goal line into the goal.

I. NO HEADERS ARE ALLOWED- heading is banned in both practices and games.

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Recreational 5th - 8th (U14) Rules

A. Ball Size: No. 4

B. The Number of Players:

1. A match is played by two teams, each consisting of not more than seven (7) players, one of which is a Goalkeeper.
2. Minimum number of players to start or continue a game is five (5).
3. The maximum number of players on a roster should not exceed fifteen (15).
4. Substitutions: At any stoppage with the permission of the referee and unlimited.
5. Playing Time: Minimum playing time is 50% for each child.
6. If the referee stops the clock for an apparent injury to a field player or goalkeeper, and a coach enters the field to check on said player, the player must come off the field.

C. Playing time: Each player should play an equal amount of the total playing time.

D. The Duration of the Match: Conform to US YOUTH SOCCER with the exception of the match being divided into two (2) equal halves of thirty (30) minutes each. There shall be a half-time interval of ten (10) minutes.

E. Goalie Restrictions: The goalie is allowed to punt the ball. They cannot leave their goalie box when punting the ball.

F. Throw ins: Both feet must remain on the ground. With the ball going behind the head. Must be released in a forward motion. No more kick ins.

G. Kick-off: All players must be in their own half of the field of play. The opponents of the team taking the kick-off are at least 8 yards from the ball until it is in play. The ball must be stationary on the center mark. The ball is in play after the first forward touch. The kicker must not touch the ball again until it has touched another player.

H. Free Kicks: Free kicks are either direct or indirect. The ball must be stationary. For indirect kicks the kicker must not touch the ball again until it has touched another player. Opponents must be eight (8) yards away from the ball until it is in play.

I. Off-Side: Offsides will not be called.

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